



*Citrin Cardiology, P.C.*

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## **Nuclear Stress Testing Patient Instructions**

Your test is scheduled on \_\_\_\_\_ at \_\_\_\_\_.

Can you comfortably raise your left arm? If unable, please let us know.

- **Do Not Eat 6 hours before.** Please drink only water while fasting. Drinking water is important for hydration prior to testing.
- **Do Not Use Tobacco** products on the day of your test.
- **No Caffeinated or Decaffeinated** coffee 24 hours prior to your appointment. **No Caffeine** for 24 hours prior to your appointment. This would include coffee, tea, sodas, chocolate, and certain medications such as Excedrin & Anacin.
- **Do Not** take the following medication the day before or the morning of your test: \_\_\_\_\_.

Please wear two piece loose clothing without metal buttons, snaps or zippers on your shirt. Also, please wear comfortable walking shoes. **NO DRESSES.** Our office may be cold so we suggest you bring a jacket or sweater.

Your stress test will require approximately **4** hours to complete. If you have any additional tests, you may be here for a longer period of time. We will order a very expensive, non-returnable medication specific to your test. **It is imperative we confirm your test appointment the day before. No shows or failure to follow instructions will result in a \$250.00 Fee.\*\***

\*\*Your agreement with your insurance company requires that you pay an estimated out of pocket amount of: \$ \_\_\_\_\_. This does not include any portion remaining on your deductible. If there are any questions, please contact your insurance company and reference CPT code 78452.\*\*

**PLEASE CALL IMMEDIATELY IF YOU ARE RUNNING LATE OR CANNOT KEEP YOUR TEST APPOINTMENT.**

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